

The alphabet



Bounce: a-a-a-apple
Handwrite: Round the apple, down the leaf



Bounce: b-b-b-boot
Handwrite: Down the laces to the heel, round the toe



Bounce: c-c-c-caterpillar
Handwrite: Curl around the caterpillar



Bounce: d-d-d-dinosaur
Handwrite: Round his bottom, up his tall neck, down to his feet



Bounce: e-e-e-egg
Handwrite: Lift off the top and scoop out the egg



Stretch: ffffflower
Handwrite: Down the stem, and draw the leaves



Bounce: g-g-g-girl
Handwrite: Round her face, down her hair and give her a curl



Bounce: h-h-h-horse
Handwrite: Down the head to the hooves and over his back



Bounce: i-i-i-insect
Handwrite: Down the body, dot for the head



Bounce: j-j-j-jack-in-a-box
Handwrite: Down his body curl and dot



Bounce: k-k-k-kangaroo
Handwrite: Down the kangaroo's body, tail and leg



Stretch: lllllleg
Handwrite: Down the long leg



Stretch: mmmmountain
Handwrite: Maisie, mountain, mountain



Stretch: nnnnet
Handwrite: Down Nobby, over his net



Bounce: o-o-o-Orange
Handwrite: All around the orange



Bounce: p-p-p-pirate
Handwrite: Down the plait and over the pirates face



Bounce: qu-qu-qu-queen
Handwrite: Round her head, up past her earrings and down her hair



Stretch: rrrrobot
Handwrite: Down his back, then curl over his arm



Stretch: ssssnake
Handwrite: Slither down the snake



Bounce: t-t-t-tower
Handwrite: Down the tower, across the tower



Bounce: u-u-u-umbrella
Handwrite: Down and under, up to the top and draw the puddle



Stretch: vvvvulture
Handwrite: Down a wing, up a wing



Bounce: w-w-w-worm
Handwrite: Down, up, down, up



Bounce: x-x-x-exercise
Handwrite: Down the arm and leg and repeat the other side



Bounce: y-y-y-yak
Handwrite: Down a horn up a horn and under his head



Stretch: zzzzzzip
Handwrite: Zig-zag-zig



Stretch: thhhhh
 The princess in the tower is rescued by the horse.
 She says: thhhhankyou



Stretch: shhhh says the horse to the hissing snake.



Bounce: ch-ch-ch-choo!
 The horse sneezes when the caterpillar's hairs get up his nose



nk



ng



ai



ay



ee



igh



oa



oo



ar



or



ow



er



ur



oi



ear



air



ure